

**1/9/2023**

**A MESSAGE FROM MAYOR IAFALLO – SENIOR CENTER DINE-IN LUNCH & ACTIVITY SERVICES RESUME MONDAY, JANUARY 9TH**

***I'm happy to announce that the Lackawanna Senior Center at 230 Martin Road will reopen for all activities starting on Monday, January 9th. The Senior Center served as Lackawanna's primary warming shelter during the December blizzard and has been closed for heavy cleaning and maintenance since the storm ended.***

***Thanks to the efforts of Executive Director Michelle Baldelli, all activities and meals for the week of January 9th have been scheduled. And due to the efforts of many city employees and selected contractors, the senior center building is back in top shape.***

***All Lackawanna seniors (age 60+) are welcome to participate in daily dine-n lunch and activities at the Senior Center. The January lunch menu and activity newsletter are posted below – click/expand the images to view what's available this month.***

***Meal orders are now being accepted for the week of January 16th. If you are interested in participating in the dine-in lunch program, please keep in mind the following:***

- Meals need to be ordered A WEEK IN ADVANCE, with the deadline being each Wednesday at 10:00 a.m.***
- The cost for each meal ordered is \$3.00.***
- To place a lunch order, contact Paula at 827-6669.***
- Those ordering lunch should arrive at no later than 11:45 a.m. on the day(s) you ordered.***

***My thanks to all our senior residents for their patience while the Senior Center was brought back into service. I look forward to seeing many of you there in the weeks ahead.***

**Annette**

[Click for Newsletter](#)

## Erie County Stay Fit Dining Program Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2 No Meals Served</b> 	<b>3 SENIOR CENTER CLOSED</b>	<b>4 SENIOR CENTER CLOSED</b>	<b>5 SENIOR CENTER CLOSED</b>	<b>6 SENIOR CENTER CLOSED</b>
<b>9</b> <p>Sliced Turkey with Stuffing, Gravy &amp; Cranberry Sauce Mashed Potatoes Carrots Lorna Doones (689)</p>	<b>10</b> <p>Beef Pepper Steak Casserole over Rice Broccoli Florets Wax Beans with Carrot Butterscotch Pudding (645)</p>	<b>11</b> <p>Penne Pasta with Meatballs, Tomato Sauce &amp; Mozzarella Cheese <i>Chef Salad with Dressing</i> Country Cottage Mix Grape Juice Ambrosia (780)</p>	<b>12</b> <p>Roast Pork Loin with Warm Cinnamon Apples Sweet Potatoes Green Beans Wheat Bread Fresh Grapes <i>Chocolate Milk</i>(644)</p>	<b>13 Martin Luther King Meal</b> <p>Breaded Chicken Drumsticks Macaroni &amp; Cheese Seasoned Mixed Greens Cornbread Marinated Cucumber, Tomato &amp; Onion Salad Banana Cream Pie (1213)</p>
<b>16 No Meals Served</b> 	<b>17</b> <p>Boneless Chicken Breast with Marsala Sauce Vegetable Rice Pilaf Italian Mixed Vegetables Fruit Punch Oatmeal Raisin Cookies (725)</p>	<b>18</b> <p>Beef Bourguignon over Brown Rice Cauliflower French Bean Medley Tropical Fruit <i>Chocolate Milk</i>(605)</p>	<b>19 Soup &amp; Salad</b> <p><i>Broccoli Cheddar Soup</i> <i>Cranberry Chicken Salad</i> Carrots <i>Chef Salad with Dressing</i> Club Crackers Fresh Banana (928)</p>	<b>20</b> <p>Ham Steak with Brown Sugar Glaze Cheesy Scalloped Potatoes Brussels Sprouts Rye Bread Pear Crisp (649)</p>
<b>23</b> <p>Chicken Vegetable Casserole with a Biscuit Broccoli Florets Peaches &amp; Mandarin Oranges (562)</p>	<b>24</b> <p>Hot Dog with Baked Beans &amp; Ketchup on a Bun Tater Tots Carrots Fresh Orange <i>Chocolate Milk</i>(796)</p>	<b>25 Entrée Salad</b> <p>Chicken Caesar Salad with Caesar Dressing Whole Wheat Dinner Roll Cinnamon Streusel Cake (1060)</p>	<b>26</b> <p>Lasagna Roll with Meat Sauce &amp; Shredded Mozzarella California Mixed Vegetables Grape Juice <i>Chef Salad with Dressing</i> Dinner Roll Lemon Bavarian (863)</p>	<b>27</b> <p>Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pearl Onions Wheat Bread Brownie (722)</p>
<b>30</b> <p>Boneless Chicken Breast with Gravy Mashed Sweet Potatoes Peas Dinner Roll Cinnamon Pear Crisp (687)</p>	<b>31 Soup &amp; Salad</b> <p><i>Cream of Potato Soup with Ham</i> Italian Bean Medley <i>Chef Salad with Dressing</i> Fruit Punch Biscuit Fruit Compote(676)</p>	<b>1</b> <p>Rigatoni &amp; Italian Sausage with Tomato Sauce &amp; Shredded Mozzarella Broccoli Florets <i>Chef Salad with Dressing</i> Dinner Roll Peach Bavarian(737)</p>	<b>2</b> <p>Breaded Pork Chop with Gravy Lazy Pierogi Carrots Whole Wheat Dinner Roll Pineapple &amp; Mandarin Oranges (677)</p>	<b>3</b> <p>Teriyaki Beef Strips over Rice Oriental Mixed Vegetables Orange Pineapple Juice Fresh Pear <i>Chocolate Milk</i> (625)</p>