



2024



Erie County Stay Fit Dining Program Menu

Monday	Tuesday	Wednesday	Thursday	Friday
26 Rotini & Meatballs with Tomato Sauce & Mozzarella Cauliflower Spinach Diced Peaches (614)	27 Breaded Chicken Breast with Buffalo-Style Sauce on a Bun Tater Tots Broccoli Florets Fruit Cocktail  Chocolate Milk (768)	28 Turkey with Stuffing & Gravy Mashed Sweet Potatoes Green Beans Applesauce(584)	29 Soup & Salad Beef Barley Soup Brussels Sprouts  Chef Salad with Dressing Corn Muffin Chocolate Pudding (791)	1 Entrée Salad Tuna Macaroni Salad on a Bed of Salad Greens Multigrain Crackers Oatmeal Round (732) 
4 Turkey a La King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (747) 	5 Entrée Salad Grilled Chicken Caesar Salad with Parmesan Cheese and Croutons Whole Wheat Dinner Roll Sugar Cookie (864) 	6 Cabbage Roll with Savory Meat Sauce Ranch Mashed Potatoes Wax Beans with Carrot Multigrain Bread Strawberry Gelatin(712)	7 Breaded Boneless Pork Chop with Gravy Scalloped Potatoes Peas Rye Bread Tropical Fruit  Chocolate Milk (759)	8 Baked Fish with Lemon Butter Parsley Sauce Vegetable Rice Pilaf California Blend Vegetables Dinner Roll Brownie(737)
11  Italian Sausage with Peppers, Onions, and Tomato Sauce on a Bun Herb Roasted Potatoes Mixed Vegetables Pineapple (595)	12 Breaded Chicken Drumsticks Broccoli Florets Chef Salad with Dressing Macaroni and Cheese Diced Peaches (804)	13 Chili con Carne with Crackers Chef Salad with Dressing Corn Fruit Punch Fresh Orange  Chocolate Milk (799)	14 St. Patrick's Day Corned Beef with Cabbage Buttered Potatoes Carrot Coins Deli Rye Bread Chocolate Éclair (741) 	15 Vegetable Lasagna with Cream Sauce French Bean Meley Cauliflower Dinner Roll Chocolate Chip Cookie (782)
18 Pork Ribette with BBQ Sauce on a Bun Chesy Mashed Potatoes Seasoned Mixed Greens Oatmeal Cookies (893)	19 Beef Bourguignon Harvard Beets Chef Salad with Dressing Brussels Sprouts Rye Bread Vanilla Pudding (726) 	20 Welcome Spring! Grilled Chicken, Mandarin Orange, and Sunflower Seed Salad Whole Wheat Dinner Roll Lemon Meringue Pie (825) 	21 Roast Turkey with Gravy & Cranberry Sauce Mashed Sweet Potatoes Peas and Carrots Dinner Roll Strawberry Gelatin (608)	22 Cheese Omelet with Creole Sauce Cheesy Diced Potatoes Broccoli Biscuit Tropical Fruit  Chocolate Milk (721)
25 Cheese Ravioli with Tomato Meat Sauce & Parmesan Cheese Peas Summer Squash with Peppers Italian Bread Peaches (788)	26 Bratwurst with Baked Beans & Mustard on a Bun Tater Tots with Cheese Mixed Vegetables Mandarin Oranges Chocolate Milk (933)	27 Easter Meal Chicken Cordon Bleu with Creamy Herb Gravy Vegetable Rice Pilaf Normandy Mixed Vegetables Chef Salad with Dressing Dinner Roll Coconut Cream Pie(1121) 	28 Stuffed Pepper with Tomato Meat Sauce Garlic Mashed Potatoes Green Beans Multigrain Bread Tropical Fruit (667) 	29 Good Friday No Meals Served 