



Erie County Stay Fit Dining Program

Standard Menu

May 2024



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| 29 Beef Macaroni Casserole with Mozzarella Cheese Spinach Corn Dinner Roll Tropical Fruit (794) | 30 Hot Dog with Baked Beans & Ketchup on a Bun Macaroni & Cheese Carrots Fresh Orange <i>Chocolate Milk</i> (793) | 1 Chicken Breast with Mushroom Gravy Vegetable Rice Pilaf Country Cottage Mixed Vegetables Fruit Punch <i>Chef Salad with Dressing</i> Diced Peaches(667) | 2Entrée Salad Beef Taco Salad with Ground Beef, Shredded Cheddar & Tortilla Strips Fruit Cocktail (653) | 3 Cheese Tortellini with Chicken & Red Pepper Cream Sauce Cauliflower Green Beans Whole Wheat Dinner Roll Fudge Round Cookie (665) |
| 6 Caribbean Chicken Stew Yellow Rice with Turmeric Broccoli Florets Orange-Pineapple Juice Lorna Doones (791) | 7 Hamburger with Onion Gravy on a Wheat Bun Mashed Potatoes Green Beans Butterscotch Pudding <i>Chocolate Milk</i> (767) | 8Mother's Day Lunch Broccoli Stuffed Chicken with Herb Cream Sauce Vegetable Rice Pilaf Carrots & Cauliflower <i>Chef Salad with Tomatoes</i> Dinner Roll Peach Pie with Whipped Topping(1110) | 9 Ham Steak with Maple Glaze Sweet Potatoes Brussels Sprouts Corn Muffin Strawberry Jello (643) | 10 Vegetable Quiche with Cheese Sauce Potatoes O'Brien Harvard Beets Wheat Dinner Roll Chocolate Ice Cream (783) |
| 13 Sloppy Joe on a Bun Tater Tots Au Gratin Spinach Tropical Fruit (786) | 14 Hearty Pork Stew Mashed Potatoes Broccoli Florets Warm Biscuit Sugar Cookies(794) | 15 Chicken Breast with Gravy Broccoli Cheese Rice Casserole Carrots Wheat Dinner Roll Mandarin Oranges(615) | 16 Lasagna Roll with Tomato Meat Sauce California Blend Vegetables <i>Chef Salad with Dressing</i> Dinner Roll Chocolate Pudding(778) | 17 Roasted Turkey with Stuffing, Gravy & Cranberry Sauce Garlic Mashed Potatoes Mixed Vegetables Fresh Banana <i>Chocolate Milk</i> (718) |
| 20 Macaroni & Cheese Peas with Red Peppers California Blend Vegetables Wheat Dinner Roll Rice Krispie Treat (893) | 21 Taco-seasoned Ground Beef with Shredded Cheddar on a Flour Tortilla Spanish Rice Fiesta Corn <i>Chef Salad with Dressing</i> Fresh Orange <i>Chocolate Milk</i> (838) | 22Entrée Salad Greek Grilled Chicken Breast Salad with Greek Dressing Dinner Roll Vanilla Pudding (703) | 23 Breaded Pork Chop with Warm Cinnamon Apples Mashed Sweet Potatoes Bavarian Cabbage Dinner Roll Oatmeal Round Cookie(789) | 24Memorial Day Lunch Breaded Chicken Drumsticks Ranch-seasoned Mashed Potatoes Lima Bean Bake <i>Chef Salad with Dressing</i> Dinner Roll Chocolate-covered Ice Cream Bar(941) |
| 27 No Meals Served | 28 Beef Macaroni Casserole with Shredded Mozzarella Peas & Carrots Grape Juice Multigrain Bread Strawberry Ice Cream (920) | 29 Tortellini with Chicken & Primavera Sauce Italian Bean Medley <i>Chef Salad with Dressing</i> Dinner Roll Fresh Banana <i>Chocolate Milk</i> (734) | 30 Ham Steak with Brown Sugar Glaze Sweet Potatoes Brussels Sprouts Rye Bread Chocolate Chip Cookies(665) | 31 Beer-Battered Fish with Tartar Sauce Tater Tots Au Gratin Broccoli Dinner Roll Chocolate Pudding (751) |