

LACKAWANNA SENIORCENTER

230 Martin Road, Lackawanna, NY 14218 716-827-6669

Happy
Mother's
Day!



“Motherhood is the biggest gamble in the world. It is the glorious life force. It’s huge and scary — it’s an act of infinite optimism.” - Gilda Radner “

“If evolution really works, how come mothers only have two hands?” -
“Milton Berle

“True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost.” — Arthur Ashe

"The legacy of brave men and women who have fought and died for their country is the freedom we enjoy as Americans." –
Lucian Adams

**MEMORIAL
DAY**



THE SENIOR CENTER WILL BE CLOSED ON MONDAY, MAY 27, 2024.

MAY 2024 NEWSLETTER

*SCHEDULE OF DAILY EVENTS

*Due to Covid-19

*There May Be Cancellations or Changes To Daily Events, Not Reflected Here

MONDAYS:

Arts & Crafts: 9:00am – 1:00pm
Senior Lunch: 11:45am- 1:00pm

TUESDAYS:

Arts & Crafts: 9:00am – 1:00pm
Senior Lunch: 11:45am – 1:00pm

WEDNESDAYS:

Arts & Crafts: 9:00am – 1:00pm
Yoga for Seniors: 10:00 am – 10:30 am
Rubber Band: 10:30am – 11:00am
Senior Lunch: 11:45am – 1:00pm

THURSDAYS:

Sewing Class: 9:00am – 5:00pm
Senior Lunch: 11:45am – 1:00pm
Young at Heart 1:00 pm – 5:00 pm

FRIDAYS:

Sewing Class:	9:00am – 1:00pm
Yoga for Seniors:	10:00 am – 10:30 am
Rubber Band:	10:30am – 11:00am
Senior Lunch:	11:45am – 1:00pm

*** Suggested contribution for senior lunch is \$3.00 ***
Meals must be ordered before **Wednesday** the week before lunch.

***MEDICAL VAN GUIDELINES**

***There May Be Cancellations Or Changes In Guidelines Or Schedules
- Please Bear With Us -**

- * Van transportation is for medical appointments only, except Friday mornings.
- * Van transportation is limited to a 7 mile radius from the Senior Center.
- * Van will travel to Mercy Hospital and Mercy Ambulatory Center.
- * All transportation appointments must be scheduled and approved **THREE** Days in advance by calling: 827-6669.
- * First pickup is at 9:15 am.
- * Last incoming pick up is at 4:15 pm.
- * No medical van Pickups on Friday mornings from 9:00 am – 1:00 pm.
- * EVERY FRIDAY morning this van will transport seniors to Tops, Wegmans or Market in the Square. (These locations will be alternated).

IMPORTANT: To schedule a medical van outside the 7 mile radius, you must call:

Erie County Dispatch at 858-7433.



***SENIOR VAN GUIDELINES**

- * Senior Van transportation is to and from the Senior Center.
- * On Mondays, Wednesday, and Fridays (From 1pm - 4pm), the Senior Van will transport to and from banking, dollar store, etc.....
- * On Tuesdays at 1pm the Senior Van will transport to and from Save A Lot.
- * On Thursdays at 1pm the Senior Van will transport to and from Aldi's.

REMINDER: THE SENIOR CENTER WILL NO LONGER HAVE AARP TAX ASSISTANCE AVAILABLE



HAPPY MAY BIRTHDAYS!!

FAMOUS MAY BIRTHDAYS



Tim McGraw	May 1, 1967
Melissa Gilbert	May 8, 1964
Emmitt Smith	May 15, 1969
John C. Reilly	May 24, 1965
Joe Namath	May 31, 1943

EVENTS AT THE SENIOR CENTER



May 3, 2024
1:00 p.m. – 3:00 p.m.

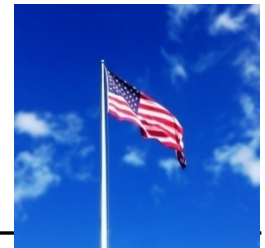
May 16, 2024
Buffalo Clinical Lab
10:00 a.m. – 4:00 p.m.

S.O.A.R Group Meeting
May 10, 2024
1:00p.m. – 4:00 p.m.

A.A.R.P. defensive driving classes
May 21 & 22, 2024
6:00 p.m. - 9:00 p.m.



Memorial Day Observance
May 26, 2024
10:00 a.m.
Veterans Stadium



KENTUCKY DERBY FUN FACTS:

Only 3 year old horses are allowed to compete in the Kentucky Derby.

The Kentucky Derby trophy only weighs 3.5 lbs.

The Derby has never been cancelled or postponed due to inclement weather.

The Derby has only been held on a day other than the first Saturday in May twice—once in 1945, when a wartime ban on horse racing postponed the event, and a second time in 2020 when the race was delayed until September by the COVID-19 pandemic.



The historic 1¼-mile race was originally 1½ miles before the current distance was established in 1896.

The race was first televised in 1952.

This year's Kentucky Derby will be held on May 4, 2024.