LACKAWANNA SENIORCENTER

230 Martin Road, Lackawanna, NY 14218 (716) 827-6669

DON'T FORGET TO COME OUT AND GRAB "A BITE OF LACKAWANNA" ON SUNDAY, JUNE 23, 2024

MULTIPLE RESTAURANTS AND OTHER VENDORS WILL BE PARTICIPATING





summer arrives at 4:51 p.m. on June 20, 2024

THE SENIOR CENTER WILL BE CLOSED ON WEDNESDAY, JUNE 19, 2024

JUNE 2024 NEWSLETTER

***SCHEDULE OF DAILY EVENTS**

*Due to Covid-19

*There May Be Cancellations or Changes To Daily Events, Not Reflected Here

MONDAYS:

Arts & Crafts: 9:00 am - 1:00 pmSenior Lunch: 11:45 am - 1:00 pm

TUESDAYS:

Arts & Crafts: 9:00 am - 1:00 pmSenior Lunch: 11:45 am - 1:00 pm

WEDNESDAYS:

 Arts & Crafts:
 9:00am - 1:00pm

 Yoga for Seniors:
 10:00 am - 10:30 am

 Rubber Band:
 10:30am - 11:00am

 Senior Lunch:
 11:45am - 1:00pm

 Cornhole:
 12:30 pm - 2:00 pm

THURSDAYS:

Sewing Class: 9:00 am - 5:00 pmSenior Lunch: 11:45 am - 1:00 pmYoung at Heart 1:00 pm - 5:00 pm

FRIDAYS:

Sewing Class:9:00 am - 1:00 pmYoga for Seniors:10:00 am - 10:30 amRubber Band:10:30 am - 11:00 amSenior Lunch:11:45 am - 1:00 pm

*MEDICAL VAN GUILDELINES

*There May Be Cancellations Or Changes In Guidelines Or Schedules
- Please Bear With Us -

- * Van transportation is for medical appointments only, except Friday mornings.
- * Van transportation is limited to a 7 mile radius from the Senior Center.
- * Van will travel to Mercy Hospital and Mercy Ambulatory Center.
- * All transportation appointments must be scheduled and approved **THREE**Days in advance by calling: 827-6669.
- * First pickup is at 9:15 am.
- * Last incoming pick up is at 4:15 pm.
- * No medical van Pickups on Friday mornings from 9:00 am 1:00 pm.
- * EVERY FRIDAY morning this van will transport seniors to Tops, Wegmans or Market in the Square. (These locations will be alternated).

<u>IMPORTANT</u>: To schedule a medical van outside the 7 mile radius, you must call:

Erie County Dispatch at 858-7433.



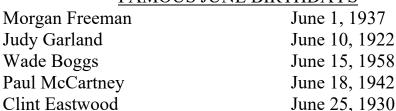
***SENIOR VAN GUIDELINES**

- * Senior Van transportation is to and from the Senior Center.
- * On Mondays, Wednesday, and Fridays (From 1pm 4pm), the Senior Van will transport to and from banking, dollar store, etc.....
- * On Tuesdays at 1pm the Senior Van will transport to and from Save A Lot.
- * On Thursdays at 1pm the Senior Van will transport to and from Aldi's.

REMINDER: THE SENIOR CENTER WILL NO LONGER HAVE AARP TAX ASSISTANCE AVAILABLE

HAPPY JUNE BIRTHDAYS!







EVENTS AT THE SENIOR CENTER

June 7, 2024 1:00 p.m. – 3:00 p.m.

Clarity Group Medicare Review June 26, 2024 9:30 a.m. – 11:30 a.m.



A.A.R.P. defensive driving classes June 25 & 26, 2024 1:00 p.m. - 4:00 p.m.



"My father gave me the greatest gift anyone could give another person, he believed in me." - Jim Valvano

"When my father didn't have my hand, he had my back."- Linda Poindexter

"Struggle is a never ending process.

Freedom is never really won,
you earn it and win it in every generation."

- Coretta Scott King

"You can't separate peace from freedom, because no one can be at peace unless he has his freedom."

- Malcolm X

