

LACKAWANNA SENIORCENTER

230 Martin Road, Lackawanna, NY 14218 (716) 827-6669

DON'T FORGET TO COME OUT AND GRAB

"A BITE OF LACKAWANNA"

ON SUNDAY, JUNE 23, 2024

MULTIPLE RESTAURANTS AND OTHER VENDORS WILL BE PARTICIPATING



FREE ADMISSION!

ALL AGES EVENT!

**a Bite of
Lackawanna**

**food & music
festival**

SUNDAY, JUNE 23, 2024
RIDGE ROAD
(between S. Park Ave. & Electric Ave.)

FOOD / BEVERAGE STATIONS: 2 to 6PM / LIVE BANDS: 3PM & 6PM



Summer arrives at 4:51 p.m. on June 20, 2024

**THE SENIOR CENTER WILL BE CLOSED ON
WEDNESDAY, JUNE 19, 2024**

JUNE 2024 NEWSLETTER

*SCHEDULE OF DAILY EVENTS

*Due to Covid-19

*There May Be Cancellations or Changes To Daily Events, Not Reflected Here

MONDAYS:

Arts & Crafts: 9:00 am – 1:00 pm
Senior Lunch: 11:45 am- 1:00 pm

TUESDAYS:

Arts & Crafts: 9:00 am – 1:00 pm
Senior Lunch: 11:45 am – 1:00 pm

WEDNESDAYS:

Arts & Crafts: 9:00am – 1:00pm
Yoga for Seniors: 10:00 am – 10:30 am
Rubber Band: 10:30am – 11:00am
Senior Lunch: 11:45am – 1:00pm
Cornhole: 12:30 pm – 2:00 pm

THURSDAYS:

Sewing Class: 9:00 am – 5:00 pm
Senior Lunch: 11:45 am – 1:00 pm
Young at Heart 1:00 pm – 5:00 pm

FRIDAYS:

Sewing Class: 9:00 am – 1:00 pm
Yoga for Seniors: 10:00 am – 10:30 am
Rubber Band: 10:30 am – 11:00 am
Senior Lunch: 11:45 am – 1:00 pm

*** Suggested contribution for senior lunch is \$3.00 ***
Meals must be ordered before Wednesday the week before lunch.

***MEDICAL VAN GUIDELINES**

***There May Be Cancellations Or Changes In Guidelines Or Schedules**
- Please Bear With Us -

- * Van transportation is for medical appointments only, except Friday mornings.
- * Van transportation is limited to a 7 mile radius from the Senior Center.
- * Van will travel to Mercy Hospital and Mercy Ambulatory Center.
- * All transportation appointments must be scheduled and approved **THREE** Days in advance by calling: 827-6669.
- * First pickup is at 9:15 am.
- * Last incoming pick up is at 4:15 pm.
- * No medical van Pickups on Friday mornings from 9:00 am – 1:00 pm.
- * EVERY FRIDAY morning this van will transport seniors to Tops, Wegmans or Market in the Square. (These locations will be alternated).

IMPORTANT: To schedule a medical van outside the 7 mile radius, you must call:

Erie County Dispatch at 858-7433.



***SENIOR VAN GUIDELINES**

- * Senior Van transportation is to and from the Senior Center.
- * On Mondays, Wednesday, and Fridays (From 1pm - 4pm), the Senior Van will transport to and from banking, dollar store, etc.....
- * On Tuesdays at 1pm the Senior Van will transport to and from Save A Lot.
- * On Thursdays at 1pm the Senior Van will transport to and from Aldi's.

REMINDER: THE SENIOR CENTER WILL NO LONGER HAVE AARP TAX ASSISTANCE AVAILABLE



HAPPY JUNE BIRTHDAYS!!

FAMOUS JUNE BIRTHDAYS

Morgan Freeman	June 1, 1937
Judy Garland	June 10, 1922
Wade Boggs	June 15, 1958
Paul McCartney	June 18, 1942
Clint Eastwood	June 25, 1930



EVENTS AT THE SENIOR CENTER



June 7, 2024
1:00 p.m. – 3:00 p.m.



Clarity Group
Medicare Review
June 26, 2024
9:30 a.m. – 11:30 a.m.

A.A.R.P. defensive driving classes
June 25 & 26, 2024
1:00 p.m. - 4:00 p.m.

Happy
Father's
Day! 

“My father gave me the greatest gift anyone could give another person, he believed in me.” - Jim Valvano

“When my father didn’t have my hand, he had my back.” - Linda Poindexter

*“Struggle is a never ending process. Freedom is never really won, you earn it and win it in every generation.”
- Coretta Scott King*

*“You can’t separate peace from freedom, because no one can be at peace unless he has his freedom.”
- Malcolm X*

