






Erie County Stay Fit Dining Program

Standard Menu

June 2024



Monday	Tuesday	Wednesday	Thursday	Friday
3 Pork Ribette with BBQ Sauce on a Bun Cheesy Diced Potatoes Brussels Sprouts Applesauce (732) 	4 Grilled Chicken Breast with Polynesian Sauce over White Rice Broccoli Florets Carrots Oatmeal Cream Cookie (604) 	5 Cheese Ravioli with Tomato Meat Sauce & Mozzarella Cheese Peas Grape Juice <i>Chef Salad with Dressing</i> Italian Bread Chocolate Ice Cream (943) 	6 Roast Turkey with Stuffing, Gravy & Cranberry Sauce Sweet Potatoes Green Bean Casserole Pineapple Tidbits <i>Chocolate Milk</i> (670) 	7 Salisbury Steak with Gravy Scalloped Potatoes Mixed Vegetables Wheat Bread Mandarin Oranges (708) 
10 Turkey Tetrazzini Carrots Apple Juice Wheat Dinner Roll Lorna Doones (676) 	11 Italian Sausage with Peppers, Onion, Tomato Sauce & Mozzarella Cheese on a Bun Seasoned Potatoes Spinach Brownie (673) 	12 Beef Stroganoff over Pasta Green Beans Cauliflower Fresh Banana <i>Chocolate Milk</i> (627) 	13 Father's Day Lunch Breaded Pork Chop with Gravy Ranch Mashed Potatoes Peas with Pearl Onions <i>Chef Salad with Dressing</i> Whole Wheat Dinner Roll Boston Cream Pie (895) 	14 Flag Day Meal Grilled Chicken Breast with BBQ Sauce Potatoes O'Brien Corn-on-the-Cob Dinner Roll <i>Chef Salad with Dressing</i> Orange Creamsicle (712) 
17 Turkey a la King Harvard Beets California Vegetable Blend Wheat Dinner Roll Diced Pears (563) 	18 Juneteenth Lunch Breaded Chicken Drumsticks Sweet Potatoes Seasoned Mixed Greens Corn Muffin <i>Chef Salad with Dressing</i> Banana Cream Pie (1135) 	19 No Meals JUNETEENTH Celebrate Freedom JUNE 19 Served 	20 Welcome Summer! Grilled Chicken, Mandarin Orange & Sunflower Salad Whole Wheat Dinner Roll Lemon Meringue Pie (823)   	21 Stuffed Pepper with Tomato Meat Sauce Garlic Mashed Potatoes Italian Bean Medley Wheat Bread Fruit Cocktail <i>Chocolate Milk</i> (678) 
24 Beef Pepper Steak Casserole over Rice Green Beans Grape Juice Fudge Round Cookie (735) 	25 Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Chef Salad with Dressing Dinner Roll Sugar Cookies (828) 	26 Entrée Salad Garden Chicken Patty Salad with Cheddar Cheese, Croutons & Ranch Dressing Dinner Roll Pineapple Tidbits <i>Chocolate Milk</i> (917)  	27 Chicken Breast with Lemon Herb Sauce Broccoli Cheese Rice Casserole Carrots Wheat Dinner Roll <i>Chef Salad with Dressing</i> Mandarin Oranges (710) 	28 Turkey Burger with BBQ Sauce on a Bun Cheesy Diced Potatoes California Mixed Vegetables Strawberry Gelatin (682) 