

# LACKAWANNA SENIORCENTER

230 Martin Road, Lackawanna, NY 14218 716-827-6669

*“The true soldier fights not because he hates what is in front of him, but because he loves what is behind him.”*

*—G.K. Chesterton*



*“The more you practice the art of thankfulness, the more you have to be thankful for.” — Norman Vincent Peale*

**THE SENIOR CENTER WILL BE CLOSED ON  
TUESDAY, NOVEMBER 5, MONDAY, NOVEMBER 11 &  
THURSDAY, NOVEMBER 28, 2024.**

.NOVEMBER 2024 NEWSLETTER

## SCHEDULE OF DAILY EVENTS

### MONDAYS:

Arts & Crafts: 9:00 am – 1:00 pm  
Senior Lunch: 11:30 am

### TUESDAYS:

Arts & Crafts: 9:00 am – 1:00 pm  
Senior Lunch: 11:30 am

### WEDNESDAYS:

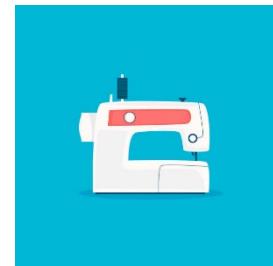
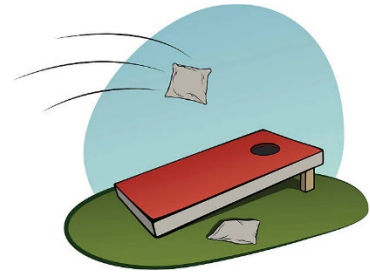
Arts & Crafts: 9:00 am – 1:00pm  
Yoga for Seniors: 10:00 am – 10:30 am  
Rubber Band: 10:30 am – 11:00am  
Senior Lunch: 11:30 am  
Cornhole: 12:30 pm – 2:30 pm

### THURSDAYS:

Sewing Class: 9:00 am – 5:00 pm  
Senior Lunch: 11:30 am  
Young at Heart 1:00 pm – 5:00 pm

### FRIDAYS:

Sewing Class: 9:00 am – 1:00 pm  
Yoga for Seniors: 10:00 am – 10:30 am  
Rubber Band: 10:30 am – 11:00 am  
Senior Lunch: 11:30 am



## SENIOR LUNCH

Lunch is served Monday through Friday at 11:45 am. Please arrive by 11:30 am for in person dining at the Senior Center. Meals must be ordered before **Wednesday** for the following week. The suggested contribution for senior lunch is \$3.00

## FROZEN MEALS

Meals must be ordered by **Tuesday** morning at 10:00 a.m. for the following week. Meals **MUST** be picked up. There is no delivery service. Meals are available for pick up on Tuesdays between 10:00 a.m. and 11:00 a.m. The suggested contribution is \$3.00 per frozen meal and is to be paid when meals are picked up

## **\*MEDICAL VAN GUIDELINES**

**\*There May Be Cancellations Or Changes In Guidelines Or Schedules**  
**- Please Bear With Us -**

- \* Van transportation is for medical appointments only, except Friday mornings.
- \* Van transportation is limited to a 7 mile radius from the Senior Center.
- \* Van will travel to Mercy Hospital and Mercy Ambulatory Center.
- \* All transportation appointments must be scheduled and approved **THREE** Days in advance by calling: 827-6669.
- \* First pickup is at 9:15 am.
- \* Last incoming pick up is at 4:15 pm.
- \* No medical van Pickups on Friday mornings from 9:00 am – 1:00 pm.
- \* EVERY FRIDAY morning this van will transport seniors to Tops, Wegmans or Market in the Square. (These locations will be alternated).

**IMPORTANT:** To schedule a medical van outside the 7 mile radius, you must call:  
**Erie County Dispatch at 858-7433.**



## **\*SENIOR VAN GUIDELINES**

- \* Senior Van transportation is to and from the Senior Center.
- \* On Mondays, Wednesday, and Fridays (From 1pm - 4pm), the Senior Van will transport to and from banking, dollar store, etc.
- \* On Tuesdays at 1pm the Senior Van will transport to and from Save A Lot.
- \* On Thursdays at 1pm the Senior Van will transport to and from Aldi's.

**REMINDER: THE SENIOR CENTER WILL NO LONGER HAVE AARP TAX ASSISTANCE AVAILABLE**

## IMPORTANT PHONE NUMBERS

SENIOR CENTER FRONT DESK	(716) 827-6669
RECREATION DEPT (CITY HALL)	(716) 827-6456
MAYOR'S OFFICE	(716) 827-6464
ASSESSOR'S OFFICE	(716) 827-6473
TREASURER'S OFFICE	(716) 827-6471
DEPT OF PUBLIC WORKS	(716) 827-6406
POLICE DESK (NON-EMERGENCY NUMBER)	(716) 822-4900

**PLEASE CONTACT 911 IN THE CASE OF AN EMERGENCY**  
ERIE COUNTY SENIOR SERVICES (716) 858-8526

## EVENTS AT THE SENIOR CENTER



Friday, November 1, 2024  
1:00 p.m. – 3:00 p.m.

Clarity Group  
Medicare Review  
November 6 & 20, 2024  
9:30 a.m. - 11:30 a.m.

Clarity Group  
Medicare Review  
November 15, 2024  
9:00 a.m. - 11:00 a.m.

S.O.A.R. Group  
November 8, 2024  
1:00 p.m. – 4:00 p.m.

A.A.R.P. defensive driving classes  
November 19 & 20, 2024  
6:00 p.m. – 9:00 p.m.



**Election Day is Tuesday,  
November 5, 2024.  
Early voting occurs October 26 &  
27, November 2 & 3 from 9:00 a.m.  
- 5:00 p.m., and October 28 -  
November 1 from noon - 9:00 p.m.**



**Remember to set your clocks  
back on November 3, 2024**

