



Erie County Stay Fit Dining Program Menu



April

2025



Monday	Tuesday	Wednesday	Thursday	Friday
31 Grilled Chicken with BBQ Sauce Rice with Black Beans Au Gratin Spinach Grape Juice Rice Krispie Treat (667)	1 Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Peas Dinner Roll Mandarin Oranges <i>Chocolate Milk</i> (727)	2 Soup & Salad Broccoli Cheddar Soup Chef Salad with Garbanzo Beans & Dressing Carrots Fruit Punch Wheat Dinner Roll Lorna Doones (878)	3 Breaded Boneless Pork Chop with Gravy Mashed Potatoes with Chives Mixed Vegetables Rye Bread Chocolate Pudding (713)	4 Beer Battered Fish with Tartar Sauce Cheesy Diced Potatoes Brussels Sprouts Multigrain Bread Strawberry Gelatin (632)
7 Hearty Beef Stew Mashed Potatoes Brussels Sprouts Warm Biscuit Vanilla Pudding (703)	8 Breaded Chicken with Buffalo-style Sauce on a Bun Tater Tots Au Gratin Broccoli Fresh Banana <i>Chocolate Milk</i> (858)	9 Polish Sausage with Sauerkraut & Mustard on a Bun Ranch Mashed Potatoes Carrots Fudge Round Cookie (847)	10 Roasted Turkey with Stuffing, Gravy & Cranberry Sauce Mashed Butternut Squash Corn Chef Salad with Dressing Mandarin Oranges (660)	11 Omelet with Cheese Sauce Potatoes O'Brien Green Beans Wheat Bread Tropical Fruit (659)
14 Lasagna Roll with Tomato Meat Sauce & Mozzarella Spinach Grape Juice Italian Bread Sugar Cookies (796)	15 Swedish Meatballs over Pasta Green Peas Harvard Beets Pineapple Tidbits <i>Chocolate Milk</i> (696)	16 Easter Meal Chicken Cordón Bleu with Creamy Herb Gravy Scalloped Potatoes Normandy Vegetables Chef Salad with Dressing Dinner Roll Coconut Cream Pie (1162)	17 Hearty Pork Stew Mashed Potatoes Carrots Dinner Roll Strawberry Gelatin (603)	18 No Meals Served 
21 Dyngus Day Cabbage Roll with Savory Meat Sauce Mashed Potatoes Corn Dinner Roll Boston Cream Pie (882)	22 Beef Pepper Steak Casserole over White Rice Broccoli Florets Carrots Diced Pears (587)	23 Roasted Pork Loin with Warm Cinnamon Apples Sweet Potatoes Green Beans Wheat Bread Butterscotch Pudding (644)	24 Entrée Salad Garden Chicken Patty Salad with Cheddar & Ranch Dressing Multigrain Bread Fresh Banana <i>Chocolate Milk</i> (966)	25 Beer Battered Fish with Tartar Sauce Broccoli Cheese Rice Casserole Country Cottage Vegetables Wheat Dinner Roll Tropical Fruit (654)
28 Turkey a la King Mashed Potatoes Carrots Warm Biscuit Chocolate Pudding (685)	29 Omelet with Cheese Sauce with Peppers, Onions & Tomatoes Tater Tots Raisin Bread Pineapple Tidbits (762)	30 Baked Rigatoni with Italian Sausage, Tomato Sauce & Mozzarella California Blend Vegetables Fruit Punch Chef Salad with Dressing Dinner Roll Fresh Banana (825)	1 Breaded Chicken Breast with Gravy on a Bun Cheesy Mashed Potatoes Spinach Strawberry Ice Cream (813)	2 Roast Beef with Gravy & Horseradish Scalloped Potatoes Brussels Sprouts Rye Bread Mandarin Oranges <i>Chocolate Milk</i> (710)

**If you have a food allergy, please notify us.*