# LACKAWANNA SENIORCENTER

230 Martin Road, Lackawanna, NY 14218 716-827-6669



"Laissez les bon temps rouler." (Let the good times roll)

"Never iron a four-leaf clover, because you don't want to pres your luck".



Be sure to join us on March 17, 2025 for Lackawanna's Shortest St. Patrick's Day parade. The parade will start at approximately 12:50 p.m. after 12:10 p.m. mass at Our Lady of Victory Basilica.

Join us on Wednesday, March 5 at 1:00 for a watercolor painting class. Contact the Senior Center to reserve your spot.

MARCH 2025 NEWSLETTER

#### SCHEDULE OF DAILY EVENTS

**MONDAYS:** 

Arts & Crafts: 9:00 am – 1:00 pm

Senior Lunch: 11:30 am

**TUESDAYS:** 

Arts & Crafts: 9:00 am – 1:00 pm

Senior Lunch: 11:30 am

**WEDNESDAYS:** 

Arts & Crafts: 9:00 am - 1:00 pmYoga for Seniors: 9:45 am - 10:30 amRubber Band: 10:30 am - 11:00 am

Senior Lunch: 11:30 am

Cornhole: 12:30 pm – 2:30 pm

**THURSDAYS:** 

Sewing Class: 9:00 am – 5:00 pm

Senior Lunch: 11:30 am

Young at Heart 1:00 pm – 5:00 pm

**FRIDAYS:** 

Sewing Class: 9:00 am - 1:00 pmYoga for Seniors: 9:45 am - 10:30 amRubber Band: 10:30 am - 11:00 am

Senior Lunch: 11:30 am







# SENIOR LUNCH

Lunch is served Monday through Friday at 11:45 am. Please arrive by 11:30 am for in person dining at the Senior Center. Meals must be ordered before **Wednesday** for the following week. The suggested contribution for senior lunch is **\$3.50** 

# **FROZEN MEALS**

Meals must be ordered by <u>Tuesday</u> morning at 10:00 a.m. for the following week. Meals **MUST** be picked up. There is no delivery service. Meals are available for pick up on Tuesdays between 10:00 a.m. and 11:00 a.m. The suggested contribution is **\$3.50** per frozen meal and is to be paid when meals are picked up

#### \*MEDICAL VAN GUILDELINES

# \*There May Be Cancellations Or Changes In Guidelines Or Schedules - Please Bear With Us -

- \* Van transportation is for medical appointments only, except Friday mornings.
- \* Van transportation is limited to a 7 mile radius from the Senior Center.
- \* Van will travel to Mercy Hospital and Mercy Ambulatory Center.
- \* All transportation appointments must be scheduled and approved **THREE**Days in advance by calling: 827-6669.
- \* First pickup is at 9:15 am.
- \* Last incoming pick up is at 4:15 pm.
- \* No medical van Pickups on Friday mornings from 9:00 am 1:00 pm.
- \* EVERY FRIDAY morning this van will transport seniors to Tops, Wegmans or Market in the Square. (These locations will be alternated).

<u>IMPORTANT</u>: To schedule a medical van outside the 7 mile radius, you must call:

# Erie County Dispatch at 858-7433.



# **\*SENIOR VAN GUIDELINES**

- \* Senior Van transportation is to and from the Senior Center.
- \* On Mondays, Wednesday, and Fridays (From 1pm 4pm), the Senior Van will transport to and from banking, dollar store, etc.
- \* On Tuesdays at 1pm the Senior Van will transport to and from Save A Lot.
- \* On Thursdays at 1pm the Senior Van will transport to and from Aldi's.

**REMINDER:** THE SENIOR CENTER WILL NO LONGER HAVE AARP TAX ASSISTANCE AVAILABLE

<b>IMPORT</b>	TIA A	DHONE	NIIIMD	EDC
IMPURI	ANI	PHUNE	NUME	IEKS.

SENIOR CENTER FRONT DESK	(716) 827-6669
RECREATION DEPT (CITY HALL)	(716) 827-6456
MAYOR'S OFFICE	(716) 827-6464
ASSESSOR'S OFFICE	(716) 827-6473
TREASURER'S OFFICE	(716) 827-6471
DEPT OF PUBLIC WORKS	(716) 827-6406
POLICE DESK (NON-EMERGENCY NUMBER)	(716) 822-4900
PLEASE CONTACT 911 IN THE CASE O	F AN EMERGENCY

ERIE COUNTY SENIOR SERVICES (716) 858-8526

# **EVENTS AT THE SENIOR CENTER**



Watercolor Painting Class March 5, 2025 1:00 p.m.



March 7, 2025 1:00 p.m. – 3:00 p.m. SOA March 14, 2025 1:00 p.m. – 4:00 p.m.

A.A.R.P. defensive driving classes March 11 & 12, 2025 5:30 p.m. - 8:30 p.m.

> Mobile REAL ID March 11, 2025 10:00 a.m. – 3:00 p.m.

The Spring Equinox, which is approximately an equal amount of day and night, arrives at 5:01 am on March 20, 2025. The sunrise time for March 20 is 7:18 am and sunset is 7:28 pm. Over 12 hours of daylight!! Longer and warmer days ahead!!

Don't forç



March 9, 2025.

