

# LACKAWANNA SENIORCENTER

230 Martin Road, Lackawanna, NY 14218 716-827-6669



*"Mothers are like glue. Even when you can't see them, they're still holding the family together." – Susan Gale*

*"If you bungle raising your children, I don't think whatever else you do well matters very much." – Jacqueline Kennedy Onassis*

*"When duty calls, that is when character counts." — William Safire*

*"A hero is someone who understand the responsibility that comes with his freedom." – Bob Dylan*



**THE SENIOR CENTER WILL BE CLOSED ON MONDAY,  
MAY 26, 2025.**

MAY 2025 NEWSLETTER

## SCHEDULE OF DAILY EVENTS

### MONDAYS:

Arts & Crafts: 9:00 am – 1:00 pm  
Senior Lunch: 11:30 am

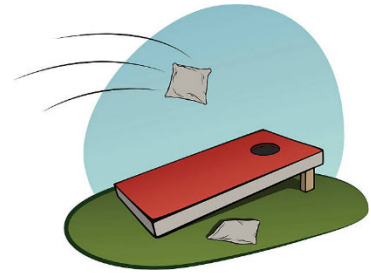


### TUESDAYS:

Arts & Crafts: 9:00 am – 1:00 pm  
Senior Lunch: 11:30 am

### WEDNESDAYS:

Arts & Crafts: 9:00 am – 1:00pm  
Yoga for Seniors: 9:45 am – 10:30 am  
Rubber Band: 10:30 am – 11:00am  
Senior Lunch: 11:30 am  
Cornhole: 12:30 pm – 2:30 pm

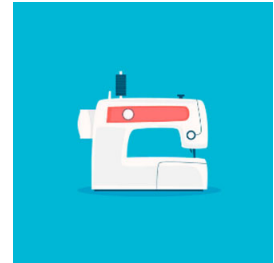


### THURSDAYS:

Sewing Class: 9:00 am – 5:00 pm  
Senior Lunch: 11:30 am  
Young at Heart 1:00 pm – 5:00 pm

### FRIDAYS:

Sewing Class: 9:00 am – 1:00 pm  
Yoga for Seniors: 9:45 am – 10:30 am  
Rubber Band: 10:30 am – 11:00 am  
Senior Lunch: 11:30 am



## SENIOR LUNCH

Lunch is served Monday through Friday at 11:45 am. Please arrive by 11:30 am for in person dining at the Senior Center. Meals must be ordered before **Wednesday** for the following week. The suggested contribution for senior lunch is **\$3.50**

## FROZEN MEALS

Meals must be ordered by **Tuesday** morning at 10:00 a.m. for the following week. Meals **MUST** be picked up. There is no delivery service. Meals are available for pick up on Tuesdays between 10:00 a.m. and 11:00 a.m. The suggested contribution is **\$3.50** per frozen meal and is to be paid when meals are picked up

## **\*MEDICAL VAN GUIDELINES**

**\*There May Be Cancellations Or Changes In Guidelines Or Schedules**  
**- Please Bear With Us -**

- \* Van transportation is for medical appointments only, except Friday mornings.
- \* Van transportation is limited to a 7 mile radius from the Senior Center.
- \* Van will travel to Mercy Hospital and Mercy Ambulatory Center.
- \* All transportation appointments must be scheduled and approved **THREE** Days in advance by calling: 827-6669.
- \* First pickup is at 9:15 am.
- \* Last incoming pick up is at 4:15 pm.
- \* No medical van Pickups on Friday mornings from 9:00 am – 1:00 pm.
- \* EVERY FRIDAY morning this van will transport seniors to Tops, Wegmans or Market in the Square. (These locations will be alternated).

**IMPORTANT:** To schedule a medical van outside the 7 mile radius, you must call:  
**Erie County Dispatch at 858-7433.**



## **\*SENIOR VAN GUIDELINES**

- \* Senior Van transportation is to and from the Senior Center.
- \* On Mondays, Wednesday, and Fridays (From 1pm - 4pm), the Senior Van will transport to and from banking, dollar store, etc.
- \* On Tuesdays at 1pm the Senior Van will transport to and from Save A Lot.
- \* On Thursdays at 1pm the Senior Van will transport to and from Aldi's.

**REMINDER: THE SENIOR CENTER WILL NO LONGER HAVE AARP TAX ASSISTANCE AVAILABLE**

## IMPORTANT PHONE NUMBERS

SENIOR CENTER FRONT DESK	(716) 827-6669
RECREATION DEPT (CITY HALL)	(716) 827-6456
MAYOR'S OFFICE	(716) 827-6464
ASSESSOR'S OFFICE	(716) 827-6473
TREASURER'S OFFICE	(716) 827-6471
DEPT OF PUBLIC WORKS	(716) 827-6406
POLICE DESK (NON-EMERGENCY NUMBER)	(716) 822-4900

### PLEASE CONTACT 911 IN THE CASE OF AN EMERGENCY

ERIE COUNTY SENIOR SERVICES	(716) 858-8526
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## EVENTS AT THE SENIOR CENTER



May 2, 2025  
1:00 p.m. – 3:00 p.m.

S.O.A.R Group Meeting  
May 9, 2025  
1:00p.m. – 4:00 p.m

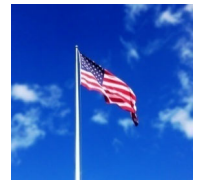


Watercolor Painting Class  
May 7, 2025  
1:00 p.m.

A.A.R.P. defensive driving classes  
May 13 & 14, 2025  
5:30 p.m. - 8:30 p.m.



**Memorial Day Observance**  
**May 25, 2025**  
**10:00 a.m.**  
**Veterans Stadium**



## CINCO de MAYO FUN FACTS

1. In 2005, Congress declared Cinco de Mayo an official US Holiday.
2. In 2017, the Corona beer company lit up New York City's famous Times Square Ball to resemble a lime wedge and hosted a 'Lime Drop' to celebrate Cinco de Mayo.
3. Some cities around the country, including Denver, CO, and Chandler, AZ., hold an annual Chihuahua Race in honor of Cinco de Mayo
4. Americans drink an average of 3.5 alcoholic beverages each on Cinco de Mayo
5. Americans drink more tequila than any other country, according to the drinks market analysis firm IWSR.

