LACKAWANNA SENIORCENTER

230 Martin Road, Lackawanna, NY 14218 716-827-6669



"My Father didn't tell me how to live. He lived and let me watch him do it." - Clarence Budington Kelland

"This flag, which we honor and under which we serve, is the emblem of our unity, our power, our thought and purpose as a nation." -Unknown



THE SENIOR CENTER WILL BE CLOSED ON THURSDAY, JUNE 19, 2025.

SCHEDULE OF DAILY EVENTS

MONDAYS:

Arts & Crafts: 9:00 am – 1:00 pm

Senior Lunch: 11:30 am

TUESDAYS:

Arts & Crafts: 9:00 am – 1:00 pm

Senior Lunch: 11:30 am

Cornhole: 12:30 pm – 2:30 pm



WEDNESDAYS:

Arts & Crafts: 9:00 am - 1:00 pmYoga for Seniors: 9:45 am - 10:30 amRubber Band: 10:30 am - 11:00 am

Senior Lunch: 11:30 am



THURSDAYS:

Sewing Class: 9:00 am – 5:00 pm

Senior Lunch: 11:30 am

Young at Heart 1:00 pm - 5:00 pm

FRIDAYS:

Sewing Class: 9:00 am - 1:00 pmYoga for Seniors: 9:45 am - 10:30 amRubber Band: 10:30 am - 11:00 am

Senior Lunch: 11:30 am



SENIOR LUNCH

Lunch is served Monday through Friday at 11:45 am. Please arrive by 11:30 am for in person dining at the Senior Center. Meals must be ordered before **Wednesday** for the following week. The suggested contribution for senior lunch is **\$3.50**

FROZEN MEALS

Meals must be ordered by <u>Tuesday</u> morning at 10:00 a.m. for the following week. Meals **MUST** be picked up. There is no delivery service. Meals are available for pick up on Tuesdays between 10:00 a.m. and 11:00 a.m. The suggested contribution is **\$3.50** per frozen meal and is to be paid when meals are picked up

*MEDICAL VAN GUILDELINES

*There May Be Cancellations Or Changes In Guidelines Or Schedules - Please Bear With Us -

- * Van transportation is for medical appointments only, except Friday mornings.
- * Van transportation is limited to a 7 mile radius from the Senior Center.
- * Van will travel to Mercy Hospital and Mercy Ambulatory Center.
- * All transportation appointments must be scheduled and approved **THREE**Days in advance by calling: 827-6669.
- * First pickup is at 9:15 am.
- * Last incoming pick up is at 4:15 pm.
- * No medical van Pickups on Friday mornings from 9:00 am 1:00 pm.
- * EVERY FRIDAY morning this van will transport seniors to Tops, Wegmans or Market in the Square. (These locations will be alternated).

<u>IMPORTANT</u>: To schedule a medical van outside the 7 mile radius, you must call:

Erie County Dispatch at 858-7433.



***SENIOR VAN GUIDELINES**

- * Senior Van transportation is to and from the Senior Center.
- * On Mondays, Wednesday, and Fridays (From 1pm 4pm), the Senior Van will transport to and from banking, dollar store, etc.
- * On Tuesdays at 1pm the Senior Van will transport to and from Save A Lot.
- * On Thursdays at 1pm the Senior Van will transport to and from Aldi's.

REMINDER: THE SENIOR CENTER WILL NO LONGER HAVE AARP TAX ASSISTANCE AVAILABLE

IMPORTANT PHONE NUMBERS

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|------------------------------------|----------------|
| SENIOR CENTER FRONT DESK | (716) 827-6669 |
| RECREATION DEPT (CITY HALL) | (716) 827-6456 |
| MAYOR'S OFFICE | (716) 827-6464 |
| ASSESSOR'S OFFICE | (716) 827-6473 |
| TREASURER'S OFFICE | (716) 827-6471 |
| DEPT OF PUBLIC WORKS | (716) 827-6406 |
| POLICE DESK (NON-EMERGENCY NUMBER) | (716) 822-4900 |
| PLEASE CONTACT 911 IN THE CASE OF | AN EMERGENCY |
| | |

ERIE COUNTY SENIOR SERVICES (716) 858-8526

EVENTS AT THE SENIOR CENTER

June 6, 2025 1:00 p.m. - 3:00 p.m.



Watercolor Painting Class June 4, 2025 1:00 p.m.





A.A.R.P. defensive driving classes June 24 & 25, 2025 1:00 p.m. – 4:00 p.m.

Flag Day June 14th, 2025



- On June 14th, 1777, Congress officially recognized the stars and stripes as America's flag.
- The flag's colors each represent something symbolic. Red represents valor, white represents purity, and blue represents perseverance.



Juneteenth is celebrated on Thursday, June 19th, 2025.

"You can't separate peace from freedom, because no one can be at peace unless he has his freedom."

- Malcolm X



Summer arrives on June 20, 2025.