



Erie County Stay Fit Dining Program Menu



August 2026



Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef Macaroni Casserole with Cheddar Cheese Green Beans Apple Juice Italian Bread Butterscotch Pudding (839)	4 Hot Dog with Baked Beans & Ketchup on a Bun Macaroni & Cheese Carrots Tropical Fruit (746)	5 Beef Bourguignon Harvard Beets Green Peas Multigrain Bread Fresh Orange <i>Chocolate Milk</i> (647)	6 Breaded Pork Loin with Cranberry Chutney Mashed Potatoes Broccoli Florets Wheat Dinner Roll Lorna Doones (725)	7 Chicken Breast with Red Pepper Cream Sauce over Pasta California Blend Vegetables Grape Juice Chef Salad with Dressing Pineapple Tidbits (621)
10 Mediterranean Chicken Casserole Yellow Rice with Turmeric Broccoli Florets Fruit Punch Diced Peaches (813)	11 Hamburger with Onion Gravy on a Wheat Bun Mashed Sweet Potatoes Green Beans Vanilla Pudding (753)	12 Entrée Salad Mandarin Chicken & Sunflower Salad on a Bed of Fresh Salad Greens with Dressing Wheat Dinner Roll Fresh Banana <i>Chocolate Milk</i> (718)	13 Stuffed Shells with Tomato Meat Sauce & Mozzarella Cauliflower Orange-Pineapple Juice Italian Bread Chocolate Brownie (826)	14 Roasted Turkey with Stuffing & Gravy Molded Cranberry Salad Garlic Mashed Potatoes Corn Diced Pears (746)
17 Chicken Breast with Lemon Herb Sauce Vegetable Rice Pilaf Green Beans Dinner Roll Pineapple Tidbits (591)	18 Breaded Chicken Cutlet with BBQ Sauce on a Bun Mashed Potatoes Carrots Ice Cream Sandwich (851)	19 "Grown-up" Macaroni & Cheese with Diced Chicken & Breadcrumb Topping Broccoli Florets Zucchini & Tomatoes Wheat Bread Rice Krispie Treat (802)	20 Sloppy Joe on a Bun Tater Tots Mixed Vegetables Mandarin Orange <i>Chocolate Milk</i> (751)	21 Senior Citizens Day Broccoli-stuffed Chicken with Creamy Herb Sauce Scalloped Potatoes Peas with Red Peppers Chef Salad with Dressing Wheat Dinner Roll Boston Crème Pie (1004)
24 Hearty Beef Stew Mashed Potatoes Broccoli Florets Warm Biscuit Tropical Fruit (640)	25 Lasagna Roll with Tomato Meat Sauce & Mozzarella Cauliflower Grape Juice Chef Salad with Dressing Italian Bread Oatmeal Round Cookie (864)	26 Entrée Salad Greek Chicken Salad on a Bed of Fresh Salad Greens with Greek Dressing Wheat Dinner Roll Fresh Orange <i>Chocolate Milk</i> (683)	27 Baked Ham with Maple Glaze Mashed Sweet Potatoes Peas Rye Bread Peach Crisp (677)	28 Salisbury Steak with Gravy Scalloped Potatoes Normandy Mixed Vegetables Wheat Bread Fruit Cocktail (728)
31 Cheese Omelet with Creole Sauce Potatoes O'Brien Green Beans Raisin Bread Pineapple Tidbits (585)	1 Breaded Chicken Cutlet with Buffalo-Style Sauce on a Bun Tater Tots Cheesy Broccoli Chocolate Pudding (815)	2 Hearty Pork Stew Mashed Potatoes Carrots Dinner Roll Lorna Doones (673)	3 Ground Beef Taco with Cheddar Cheese & Taco Sauce on a Flour Tortilla Spanish Rice Fiesta Corn Tropical Fruit <i>Chocolate Milk</i> (771)	4 Labor Day Lunch Breaded Chicken Drumsticks Ranch Mashed Potatoes Sweet Peas Chef Salad with Dressing Wheat Dinner Roll Banana Cream Pie (1119)

**If you have a food allergy, please notify us.*